

**shrI gurubhyO namaH shrI vijayadAsa gurubhyO namaH
shrI aikUru narasiMhaachaarya gurubhyO namaH**

shrI aikUru narasiMhaachaaryaru sajjanara udhdhaarakkAgi
pratinitya mUru kAlagaLalli mAralEbEkAda anuShThAnagaLannu
kRupeyiMda tamma shiShyariMda baresiruva Anhika trayagaLu.

I durlabhavAda bharatakhaMDadalli bahusaMchAri, adara mEle
bahu doDDavara anugrahadiMda namage I mAnava janma tatrApi
brAhmaNa janma adarallU A prabhuvina chochchalamagana
matadalli janma, iShTu soukaryakoTTAg a nAvu mAraEkAda
kelasagaLu mUru - 1.prAtaH kAladalli dhyAna 2. mAhyAnha
kAladalli prANAgnihOtra kramadiMda bhOjana 3. sAyaMkAla
sarvEMdriya kRuta karma samarpaNe. ivu EtakkAgi
mAraEkEkdare kartRutva, bhOktRutva svAbhimAnagaLiMda
baMdhanadallidIvi. mRutu samavAda duHkhagaLannu
anubhavisuttiddEve idariMda biDugaDe hoMduva bagge arivike
Agavalladu. nAvugaLu uddhAravAgaleMdE mUru vastugaLannu
koTTiddhAne. avu yAvuveMdare 1.manassu 2.buddhi
3.iMdriyagaLu. manassina dharma dEvaradhyAna mAruvudu,
buddhiya dharma idakke bEkAda tatvaniSchaya mAruvudu,
adaraMte Acharisuvudu iMdriya dharma. ivu kelasa
mAralillaveMdare vidharma AcharisidaMtAytu. adu
bhayajanakavAddhariMda I anhika trayagaLa anusaMdhAna
avashya mAdatakkaddu.

vishwa taijasaru praaNadEvaru jeevanoMdige prAj~janiMda
hRudayadiMda kaMThadallina taijasanallige baruttaare, kUDalE
jIvige swapnagaLAGuttave. alliMda vishwa, praaNadEvaru
jIvanoMdige dakShiNAkShiyalli baMdoDane jAgRudAvasthi praapti
Aguttade. kAraNa suptiyiMda dEvara sahavAsa sukha anubhava
mArisikoTTa (tOrisikoTTa) aMta jIvaru prAj~janAmakana
mahOpakAra chiMtane mAraEkEku.

swapnAvastheyalli gajaturaga modalAda sakala padArthagaLa
saMyOga mAdisi jAgRudAvasthaa prAptisida kUDalE viyOga
mAdisibiDuttaane, AdarE tajjanya duHkha Aguvudilla. idariMda
nAvu bEDuvudEneMdare O taijasa I dinada jAgRudAvasthiyalli
odaguva saMyOga viyOga janya sukha duHkhagaLa IEpa nanage
AguvudilleMdu swapnAvastheyiMdaE digdarshana mAdiside
kAraNa I ninna atyunnata upakAravannu sadA

nenepinalliDuvaMte mADu.(idariMda bhakti, virakti eraDU siddisuvuvu).

upAsanA- karma phalArpaNe mUlaka janmAdigaLu nillaleMdu jAgRudAvasthA koTTa kAraNa vishwanAmakanE! I ninna upakAravannu Enu mADidarU eShTu varNisidarU sAladu, kAraNa nanage ninnalU, nirmalAMtakaraNarAda ninnavarallU sarvadA kRutaj~janAgiruvaMte mADu.

obba paramAtmanE vishwa taijasa prAj~janeMba rUpadiMda jIvarige snEhakke bhakti vishwa, dhyAna taijasa, iMdriyaabhimAna rAhityaveMba sukhapUrIta muktAvasthA prAj~ja tOriseMdu chiMtisalu ide bRuhadyAga enisuvudu mattu avasthA traya niyAmakanu prItanAguvanu.

taijasaniMda vishwanalli baMda kUDaIE prANadEvaru ninne sUryOdayadiMda I dina sUryOdayada pariyaMtara I jIvaniMda 21600 haMsamaMtra mADI mADisiddannu arpisi dAsatvada sukha koDu I jIvage eMdu prArthisuttAre mattU I dina sUryOdayadiMda nALina sUryOdayadavaregU ninnAj~jeyiMda shwAsamaMtrajapa mADisuttEneMdu saMkalpa mADuttAre.(kAraNa idu atyavashya nenapinalliDabEku) illadiddare swarUpanAshavE Aguvudu aMtE doDDavaru "bRuhati nAmaka vAsudEvana mahitarUpava nenedu manadalli" eMdu nirUpisiddAre. ellA nAshagaLalli idu doDDanAsha.

taruvAya tatvEshara echcharike - uttama dEvategaLiMdoDagUDi avara dEvategaLalli baMdakUDaIE AyA dEvategaLige echcharike mattu tamma kAryagaLa nirvAha.

tatwEshara prArthisO krama--

1. avyakta tatvakke ramAdEviyaru- ammA! karmaphala mattu adara vibhAgada adhikAra shrIhari ninage koTTidAnE kAraNa bahu janmagaLiMda prakRuti baddhitAnA nanna prakRuti baMd havannu biDisi vihita phala koTTu nannannu bahuduHkha bhavadiMda kAye. yaakeMdare ninage shrIyarasanu bahupriyanu.

2. mahattatvakke brahma vAyugaLu - chittaabhimanI brahmadEvaralli prArthane - mahAnubhAva! nInu chittAbhimAniyAda prayukta nanna chitta paramAtmanallE sThAyikavAgiruvaMte mADu. idu illaddakke chitta vibhramanAgi anEka janmagaLanettiruvetu, kRupAmADu dayadi nODu.

chEtanAbhimAni prANadEvaralli prArthane - parama AptanE! nInu chEtanAbhimAniyAda prayukta nanage chEtananEMbO

smaraNekoTTu parama chEtananAda shrIhariyalli snEhakoDu.
aparavAda vijAtiyAda baMdhakavAda jaDadalli idda snEha kaLedu
dAsanna mADi swarUpasukhada abhivyakti mADu. nI
kRupAmADadiddare nannannu udhdharisuvaru yAru, prabhO
nAnu chEtana - nInu chEtana AdarE ninna avakRupAdiMda nAnu
chEtananeMbOdu maretu achEtana padArthagaLallIE
snEhavuLLavanAgiddEne, kAraNa adannE biDisi kApADu
jagadguru.

3. ahaMkAra tatvakke garuDa, SESha, rudraralli prArthane -
garuDa - hE mahAnubhAva nInu kAlAbhimAniyAda kAraNa
nanage kAlakkanusarisi baMdodaguva saMyOga - viyOgagaLiMda
vyatyasthavAgadaMte mADu. idu illadiddare vyAmOhakkoLagAgi
anEka duHkha bharita janmagaLa tettiruvenu. ninna
kRupAvyatirikta idu hOgadu, kAraNa uddharisu.

shEShadEvaru - swAmi! jIvAMtaryAmiyAgi hRudgatanAda
shrIshanannu dwisahasra jihvegaLiMda stuti mADuttiruve.
vEdada rahasyArthagaLannu ballavanu nInE Ada kAraNa nanage
vEdada rahasyArthagaLannarupi bahu beleyuLLa shrIshana
stutiyannu koDu.

rudradEvaru - swAmI! nInu manOniyAmaka,
dashEMdriyagaLalli shrEShTa manassu , iMthA manassige nInu
adhipatiyAda baLika dashEMdriyakRuta kriyegaLu
shrIhariparavAguvaMte tiddibiDu. idu biTTu nInu Enu koTTarU
vallenu. nanna I dashEMdriyagaLannu hariyalli tiddi virakti koDiri.

4. manastatva iMdrukAmaru - mahAnubhAvarugaLirA nanna
dashEMdriyagaLu viShaya paravAgi nannannu daNisuttive.
kAraNa ivugaLannu swalpavAdarU bhagavatpara mADi nanna
manas chAMchalya kaLeyiri. I chAMchsalya
parihAravAgadEyiddare nanage manassamAdhAnavAgadu.
kAraNa kRupemADu.

5. tvagabhimAni ahaMkArika prANadEvaru-idaralli karaNa,
guNa,bhUta.ivu mUru -karaNa- iMdriyAbhimAni ahaMkArika
prANa,guNa-sparshakke abhimAni apAnanAmaka prANadEvaru
bhUta-pravahavAyu. I mUrumaMdi kaletare oMdu j~jAnEMdriya
vyApAravAguttade. aidu j~jAnEMdriyakkU idaraMte
tiLiyatakkaddu.

prakRutadalli prArthisO bage EneMdre hE!tvagabhimAnigaLirA
nannalli nIvu I dina sUryOdayadiMda aparOdayada pariyaMtara

Aguva sparshAsparsha kriyegaLu nimmavE eMba anusaMdhAna koTTu durviShayAbhilAShe biDisiri. nimma avakRupAdiMda pUrvOkta j~jAnarahitanAgi bahaLa janmagaLannetti bahu duHkha paTTiddEne, kAraNa kRupAmADi uddarisiri.

6. chakShuvige vivaswAnnAmaka sUrya -
mahAnubhAva I dina sUrYOdayadiMda aparOdayadavaregU
nODisuva sakalarUpa A rUpagaLalli shrIpatiya mUrutinE nODo
bhAgya dayapAlisi. brAmakavAda duHkhadAyakavAda narakada
mahAdwAravAda viShayabhrAMti biDisiri. mukhyavAda
SrIshanarUpa biTTu amukhyavAda nashwaravAda bhAdakavAda
bAhya jaDarUpadalli prAmukhyate iTTu mOsahoMdi bhaya
duHkhapUrta janmagaLannetti aparimita bavaNe baTTiddEne.

kAraNa O chakShurabhimAni sUryanE! ninnanugrahada hortu I
viShaya bhrAMti hOgadu. kAraNa kRupemADu karuNAkaTAKShadi
nODu.

7.shrOtrAbhimAni digdEvategaLalli - mahAnubhAvarE!
shabdadiMda barOdu viShaya idu baMdakUDale kOpa, iMthA
kOpadiMda anEka duShkarmarUpa pApagaLu idariMda anEka
bavaNeyukta janmagaLu, iMthA janmagaLa tetti tetti nanna
sharIravu beMDAgI hOgiruvudu. nInu nanna mEle avakRupA
mADiddakke ajAMDOdaranu kaNNetti nODalollanu. kAraNa
mahAnubhAvarAda O shrOtraaaabhimAnigaLirA duranvayada
mUlaka pApavE kOpavAgi pariNamisi nannannu bahubhAdhe
paDisuttide. kAraNa samanvayada bageyannarupi adannu
anuShTAnakke baruvaMte anugraha mADiri. I dinadalli baratakka
nanna kopa kaLeyiri.

8.jihvAbhimAni varuNanalli prArthane - mahAnubhAvanAda
varuNadEvA~ nInu dhyAnakke abhimAniyAda prayukta nanage
viShaya dhyAna biDisi paramAtmana dhyAna koDu. idu baradE
iruvudakke mukhya aDDi jihvAchApalya. idu doDDa rOga. I
rOgagrastanAgi bahu janmagaLalli paritapisi gANada ettinaMte
dhareyamEle tiruguttiddEne muMdahariyagoDavalladu. nanage
nimma kRupA Agadahortu I jihvAchApalyanE hOgOdilla kAraNa
anugrahamADiri.

9.ghrANAAbhimAni ashwinidEvategaLalli prArthane - I dinadalli
ghrANEMdriya kRuta kAryagaLu nimma dwAra
arpitavAguvudeMba naijamati ittu durviShaya vAsaneKOdade
rajastamO guNayuktavAda saMsAradalli saMcharisidAgyU

tallEpana AgadahAMge karuNisiri. durviShayavAsane AsaktateyiMda nAnu yAru, Enu mADabEku, ellige hOgabEku, elliMda baMdIni aMbuvudE maretu biTTIni. kAraNa udhdhAra mADiri. nIvu maretubiTTare punaH duHkhadAyaka janmagaLu baruvudE nishchaya, kAraNa dInanAda nanna mEle dayAmADiri.

10. vAgAbhimAni agniyalli prArthane - I dina nanna vAkkinalli niMtu hitavannE ADisiri, durbhAShaNa ADisabEDiri. I durbhAShaNe anEka duHkhadAyaka janmavettalikke kAraNavAgide. nIvu udAsIna mADiddakkAgiyE iShTu janmagaLetti hitada dAriyannariyade paritapisiddEne. kAraNa O mahAnubhAvanAda agniyE bahu janmagaLige kAraNavAda I durbhAShaNa biDisi swarUpa sukhavannu abhivyaktigoLisuva hitanuDigaLannE ADisuttA kApADu nannannu prabhO.

11. pAnyAbhimAni dakShaprajApatiyalli prArthane - I dina muLadiMda dinAMtyadavaregU naDeyuva koDONa-koLLONa muMtAda vyApAragaLalli viparItamati (nAkartaneMbOdu) koDade ninnalli, ninna doreyalli sarvadA nannannu kRutaj~janAgiruvaMte mADu. sajjanara mEle sarvathA kaimADisabEDA, aMdare ahita mADisabEDA. tADanAdi kRutyagaLu durviShaya parigrahEchchA muLaka tatkarmAcharaNeyu swapnadallAdarU mADisabEDA. adaralli EShTu hAniyide aMbuvadu anubhavadiMda kaMDIni. kAraNa bhagavatpUjAnusaMdhAnayukta kAryagaLannE mADisuttA akRutyagaLiMda nannannu kApADuttA nA kartaneMbO abhimAna nirasana mADI saMtai.

12. pAdAbhimAni jayaMtanalli prArthane - swAmi I dina muLadiMda dinAMtyadavarege naDeyuva karmagaLa aMdare gamanAgamana vyApAragaLalli tirugisidarU tirugisuvavanu nInE eMba smRutikoTTu amArgadalli mAtra sarvathA tirugisabEDA. tirugisuvudE ninna kAryavAgiddare tIrthayAtregaLalli sajjanara sEveyalli tirugisu. amArgadalli charisidare eShTu bavaNe eMbudannu anubhavadiMda kaMDiddEne. Adare sajjanara uddhishya tirugidare Enu lAbha ade aMbuvudu nanage ittu kApADu.

13. pAyyAbhimAni mitrAnAmaka sUryanalli prArthane - I dina ninnAj~jeyiMda naDeyuva malOtsarjana apAnavAyyOtsarjana kAryagaLalli kRutaj~jatAkoDu. OMdu vELe A kAryagaLu taDedavu aMdare sAdhane eShTu vyAhati Aguttittu. iMthA nimma animitya

upakAra tiLiyadE mala sahitavAda kAryagaLalli toDagi bahu AyAsa paDuttiddEne. kAraNa mahAnubhAva! pAyyAbhimAni nanna karmAkhya mala kaLedu kApADu. I mala nivRutti AgOtanaka dEvarannu viShayIkariSuvudakke aDDi Agiruva manOmala hOgadu. kAraNa karuNAkaTAkShadi nODu kRupAmADu.

14. upasthAbhimAni swAyaMbhuva manuvinalli prArthane - I dina naDeyuva mUtrOtsarjana, rEtOtsarjana kAryagaLalli nInu mAduva upakAragaLannu manassige grahaNa mAduvaMte mAdu. nInu paramAnugraha mADi I kAryanirvAha mADisutti, illavAdare vyatyasthavAgi prANAMtyadavaregU anAhuti saMbhavisuttittu. kAraNa ninnalli bahu kRutaj~jatA koDu. idu tiLiyade anEka duShTa kAmAdigaLalli pravartanAgi bahu janma tetti daNididdEne. duShTa strIyAdigaLalli kAmavE narakakke dwAravenisuvudu. muktipradAyakavAda SrISana dhyAnOpAsanege mukhyavAda modalanE virOdhavE idu. kAraNa mahAnubhAvanAda swAyaMbhuva manuvE nannannu sarvavidhadiMdalu I durviShayadiMda kApADu. kRupAsAgara nInu illi I vyAlakke kaibiTTare nAnu bahu narakAdyanarthagaLige guriyAgi ninagU ninna doregU bahu dUrAguvenu. nanna deseyiMda idoMdu anugraha mA Di rakShisu nannannu.

I prakAra tatvEsharige prArthanA mA Di- "namOstu tAtvikA dEvAH viShNu bhakti parAyaNA|

dharmamArgE prErayaMtu

bhavaMtaH sarva Evahi||"

I abhiprAyada anusaMdhAnadiMda ELabEku.

elli tanaka nidre ideyO alli tanakAnE swapna , ellige jAgRute AyitE allige swapna hOyitu. adaraMte elli tanaka aj~jAnavideyO alliya tanakAnE saMsAra. ellige j~jAnOdaya aMdare - hari tatvEsharoMdige sakala kArya swa,para dEhagaLalli niMtu mA DuttAneMdu anubhavavAguvudO aMdE saMsAravu niMtItu.

I aj~jAnakke mUla kartRutva, bhOktRutva swAmityAbhimAna, ivu tyAgamADi AtanigoppisONa idE karmaphalArpaNe enisuvudu mukhya mADatakkaddu.

idakke aj~jAnabAradaMte dRuDhavAda naMbikeyiMda niraMtara
prEmadiMda sAvadhAna yuktanAgi EkamanassiniMda Atana
vyApAra tammalli naDedavu, naDeyuvava iMdriya vyApAra
kAlakAladi AtanavE eMdu chiMtisabEku.

idakke mukhya mADatakkaddu mUru 1.rUpOpAsane 2.
guNOpAsane 3. kriyOpAsane

dEhagaLalli dEvara chiMtane
swarUpa dEhadalli biMba narasiMhadEvaru
modalu yOgya gurugaLalli bhakti mADI tanagiShTavAda gurUkta
dEvara pratimAvannu hRutkamaladalli nillisi pAdAraMbisi shira
paryaMtara bhU durgAdEviyariMda sRuShTamADu eMdu stOtra
mADisikoMDu tanna ichchA kriyA j~jAnagaLu ivana ichchA kriya
j~jAnagaLannanusrisikoMDu kelasa mADisuttAne.

nAnu dAsanu - AtabiMbanu, nAalpanu-nInu pUrNAnu, nA
kapaTi- nI karuNALu, nA kRutaGna -Ata mahOpakAri, nA
dOShakAri- Ata nirdOShanu, nAnu duHkhabharita-Ata
sukhapUrNa, nA aj~jAni-Ata j~jAnapUrNa, nA aswataMtra-Ata
sarvaswataMtra, nAnu anAdi bhRutyA-Ata swAmi, nAnu dIna-Ata
dAni eMdu tiLidu guNOpAsanA mADutA mADutA iruvadE swarUpa
dEhada vyApAra iMthA nArasiMha nAmakanu swarUpadEhadalli
nityadi jIvarige baruva apamRutyuviniMda saMrakShisuttA
iruttAne.

liMgadEha chiMtanA - puruShanAmaka hari (idu karmada
tavarumane) triguNAtmakavAda tEjOmaya jIvara anAdi iratakka
dEha yAvaHjIva iruttAne adE Avarta modalaneyadu. illi
puruShanAmaka paramAtmaniddu bhU samEtanAgi brahma,
saraswati, vAyu, bhArati ivariMda sEvA togOttAneMdu chiMtane
mADI, kaMdIlu pAvu hasirAgide horatu kaMdIlu hasirallA,
adaraMte anAdikAladiMda liMgadOShadiMda jIvanu
malinanAgiddAne idu kaLeduLLabEkAdare sAdhugaLa sEveyu,
avariMda Agatakka paramAtmana mahimAkhya amRutadhAreya
shravaNa mananAdigaLu tadvAra bhagavaMtana prasAda.

avyakta dEha - janArdana

illi AchChAdikA dwayagaLu jIvAchchAdika, paramAchchAdika.
muMde naDeyuva kArya gottAguvudilla. idariMda
pishAchigrasthana mAtinaMte dEvarannu maretu namma
swAtaMtrya tiLidukoLLuvudakke kAraNaVAguvudu.

aniruddha dEha vichAra- shAMtipati aniruddha.
idu tatvadEvategaLu, tatva daityaru iratakka mani eMdu
chiMtisabEku.

sthUladEha vichAra -
mUruvare kOTi rOmakUpagaLu trikakuddhAmaneMba dEvaru
iruttAne. 72000 nADigaLu adaralli mukhya nADigaLu 101 adaralli
parama mukhya iDA, piMgaLA, suShumnA, 24 tatvagaLu,
paMchakOshagaLu , triguNagaLu I sthUladEhadallide.

1. suShumnA nADiyalli saraswatiyu brahmAMtargata
vishwanannu upAsane mADuttA iruttALe.
2. piMgaLA nADiyalli yamuneyu varuNaMtargata taijasanannu
upAsane mADuttiruttALe.
3. iDA nADiyalli bhAgIrathiyu varuNaMtargata shrI
prAj~janannu upAsana maDuttiruttALe.

kamalagaLa vichAra

- 1.tuMdiyallida chaturdaLa kamaladalli- swAyaMbuvamanuvu
shAMtipati aniruddanannu upAsanA mADuttiruttAne.
- 2.nAbhiyallida ShaTdaLa kamaladalli - gaNapati jAMbavati
modalAda ShaNmahiShiyaru kRutipati pradyumnanannu upAsanA
mADuttiruttAre.
- 3.madhyOdaradallida dwAdashArkara Daladalli - divArAtri
abhimAnigaLu tattannAmaka bhagavadrUpagaLannu upAsane
mADuttAre.
- 4.hRudayagata ashTadaLa kamaladalli skMdEMdrarE modalAda
eMTu maMdi daLAbhimAnigaLu mUIEsha, prAdEsha,
agrEshAbhinna jayapati saMkarShaNaNannu upAsane
mADuttiruttAre.
- 5.urassinalli dwAdashadaLa kamaladalli - umApatiyu
shrIhariyannu upAsane mADuttAne.

6. kaMThadalli ShODaSadaLa kamaladalli - vAruNIyutaradaa
 shrIshEShadevaru shrImannArAyaNanannu upAsane mADuttAre.
 7.bhrumadhyadallidda dwidaLa kamaladalli -
 sauparNiyiMdoDagUDida garuDadEvaru shrIkRuShNanannu
 upAsane maDuttAre.
 8.brahmaraMdradalli sahasradaLa kamaladalli - ramAbrahmAdi
 sakaladEvategaLu vAsudEvAbhinna trivikramanAda vishwAdi
 sahasrarUpagaLannu upAsane mADuttA iruttAre.

iShTu chiMtisidare niSchayavAgi bhagavadanugraha Aguttade.
 anaMtara bhavadoLiddarU bhAdisavu duritarAshigaLu.
 ivellAkrODhIkarisi shwEtadwIpa , anaMtAsanadallidda dEvaru
 shEShagiriyalli baMdAne..... adE shrInivAsane
 vAyudEvaru,rudradEvaru,maMtrAlaya rAyaru,varadEMdra
 swAmigaLu, vijayadAsaru, gOpAladAsaru, jagannAthadAsaru,
 prANEshadAsaru, guruprANEshadAsaru ivarugaLa dwAra nanna
 hRudayakke baMdAneMdu chiMtisabEku. modalu
 shirassinalliratakka dEvara pAdajanita bhAgIrathi
 (gaMgA)iDAdalli, saraswati suShumnAdalli, yamuneyu
 piMgaLAdalli I prakAra nadigaLu mUru dwAradiMda baMdu
 mUIEshana pAdamUlkadalli saMgamavAguttade. ide prayAga
 kShEtra venisuvudu. divya suvarNamayavAda sOpAnagaLu allalli
 anuShTAnakke kUDatatakka sthaLagaLu, tuLasi vanagaLu,
 chaMpaka,bakuLA, sEvaMtikA, kEtaki,mallige modalAda
 sugaMdhayuta puShpagaLu nammannu yAvAga shrIshana pUjege
 upayOgisiyAru eMdu kAtura paDuttiruttave. iMthA prayAga
 kShEtradalli balabhAgadalli sakaladEvategaLu, eDabhAgadalli
 shrImadAchAryarAraMbhisI swaguru paryaMta guruvRRuMda I
 vRuMdadwayadiMda yuktanAgi atinIla ghanashyAma naLinayata
 IOchana snAna mADuva kAlakke "namO nArAyaNAya" eMdu 108
 Avarti chiMtisabEku. aMdare rOgAdi dOShagaLu hOguttave. hAgU
 vAsudEva, achyuta, anaMta, gOviMda, garuDadwaja, murAre,
 nArasiMha, padmanAbha, janArdana I oMbhattu rUpa chiMtisi
 snAna mADabEku. aMdare kAyika, vAchika, mAnasika malagaLu
 trayajanya mala, avasthAtrayadalli baMda mala I prakAra mala
 OMbhattu dwAradiMda hOgi shrIshana avAsakke
 yOgyavAguttade. idE I rIti chiMtanA janitavAda dhyAna snAna
 mADidare AnaMdavAgi apamRutyu modalAdavugaLu

parihAravAguvudu anubhavadiMda kaMDide. I snAnadiMda kANalarade idda manO,buddi,iMdriya malavu hOguvudeMdu jagadgurugaLAda dwAtriMshati lakShaNa saMpannarAda shrImadAnaMdatIrtharE nirUpisiruvaru.

naMtara tamma gurugaLige bEkAda pUjA sAmagri odagisi koDONavE ivana AnhIka. naMtara saMdhyAvaMdAnA, sUryanArAyaNanige arghya sakala karmagaLu nannalli naDedavu nannadallA ninnavu aMta tOrisO arGya. naMtara gurumaMtra, tatvanyAsa matRukAnyAsa, kAlarUpadiMda horagaDe naDeda karmagaLu puruShanAmakanalli anvayisONa, haMsamaMtra, nArAyaNa aShTAKShara maMtra, kRuShNAShTaka maMtra japa,gAyatri upAsanA dhIrGa namaskAra, brahma yaj~ja modalAdavugaLannu mugisikoLLabEku (puruSharige maatra anvayisuttade, tatvanyAsa maatRukaanyaasaAdigaLu strIyarige anvayisuvudilla).

balabhAgadalli brahmAdi tAtvika dEvategaLu eDabhagadalli shrImadAchAryarAraMbhisI swagurugaLavarege jattajattAgi ubhayaru kuLitu tamma tamma yOgyatanusAra biMbOpAsana mA DuttiruttAre. naDuve guru puShkara, shanaishchara, nAradaru, manOniyAmakaru, bhAratIdEviyaru, mukhyaprANadEvaru iShTu maMdi dEvarapUjA viShaya bEkAda padArthagaLannu odagisalikke siddarirutttAre. prANadEvara mElbhAgadalli durgadEviyu dEvara sammukhadalli pUjA mA Dalikke siddaLAGi niMtiddALe. daLa aShTavuLLa raktAMbuja poLeva karNike mEle maMDala traya, nIlavAda baMgArada gadduge mEle surataru neLalu keLage phaNimaMchada (GanImaMchada) manOhara hAsige mEle shrIdEvi, bhUdEviyaroDagUDi kOTi manmatha IAvaNya prabheyuLLavanAgi chitravichitravAda AbharaNagaLigEnE SObhAkoDuva uddhishyavAgi dharisi sharaNAgatarAda bhaktarannu uddhAra mA DuveneMba kAturateyannu mukhadiMda bIruttA tannavara dwArA tannalli bhakti mA Duva sujIvarannu araGaLige sahA biTTiraneMdu hogalIsikoLLuttA A siMhAsanada mEle virAjAmAnanAgi kilakilA naguttA kuLitiruvavanE samastara biMbanu.

ItanannE durgAdEviyu ShODashOpachAra pUjA mA DuttALe. brahma, samIra,vANi,bhArati,garuDa,shESha,rudra,skaMdEMdra modalAda dEvategaLu chitravichitra stOtra mA DuttiruttAre. A

stOtrada bage hEgeMdare- elai nIrajabhavAMDOdaya sthitikAraNane kaivalyadAyakanAda O nArasiMha namagU, nammaMtargatanAda ninnannu naMbida namma anuyAyigaLigU maMgaLava koDu, amaMgaLa viShaya biDisu.

ShODashOpachAra pUjAda vivara -

1. AvAhane- sarvatradalli mADO vyApAra nODi namma biMbanavE eMdu anvayisONa.
2. AsanA-hIge anvayisiddannu dRuDhavAgi nillisONavE AsanA
3. dIpa-j~jAna saMpAdisONavE dIpa
4. pAdya-manOvRutti karagisONAvE pAdya
5. arGya-karagiddu koDONavE arGya
6. madhuparka-sarvatra swachchavRutti irONa aMdare yAvudu nODidarU anaMdavE baDabEku
7. snAna-paramAtmana vyApti tiLiyONavE snAna
8. vastra-bhagavati vismRuti illadirONavE vastra
9. upavIta-paramatmana iruvike tiLiyONavE upavIta
10. gaMdha-sarvadA upakAra buddhi mADONavE gaMdha
11. akshatA-jIvEsha bhEda tiLiyONavE akShatA
12. puShpa-ahiMsA guNadiMdirONavE akShatA
13. dhUpa-kOpa biDONavE dhUpa
14. naivEdya-karma samarpaNEYE naivEdya
15. maMgaLArati, nIrAjana-ArtanAgi dEvara guNa kIrtanE maMgaLArti nIrAjana
16. pradakShiNe namaskAra-karmagaLalli tirugidarU dEvaru tirugisuttaneMdu naMbi adaddakke oppONavE pradakShiNe namaskAra.

Ivu guptavagi mADO kelasa idakke bahyapadArtha upayOgavilla. I dinamAnadalli naDeyuva dashEMdriya dRuta kriyegaLu dashAvatAra rUpiyAda shrIhari ninnaveMbONavE naivedyArpaNa naMtara tAMbUla sEvane.

naMtabalabhAgadallidda tatvadEvategaLa tIrtha bhOjana tAMbUIAdi arpaNa, eDabhAgadallidda shrImadAchAryarAraMbhiswaguru pariyaMara tIrtha, prasAda,tAMbUIAdigaLa arpaNe naMtara namaskAra. (kAyika,vAchika,manasika) janmAdyasyayataH eMbO rItYA mahOpakAra chiMtanA idaralli viSEShataH shrIshanu namma saMgaDa maDida upakaragaLanE

smarisabEku.....jAgRudAvasthe koTTi , upAsana mADalu tatvesharalli niMtu kelasa maDisidi.nanage atiprItiyaspadavAda dEha nIniddarEnE iruttade, nInu biTTare hOguttade. idu tiLiyadE nanna dEha eMdu tiLidu mOsa hOguttIni. prati kShaNa I mayA biDisi virakti koDu. sarvadA nInE kartA nanna sarva vishayagaLa balla kAraNa nI mADiddakke oppuvaMte j~janakoDu. ninna upasane maDuvaMte buddhi iMdriyagaLannu tiddu, madhye nA upAsakaneMbo ahaMkAra koDabEDA dAsatvakoDu.

swataMtra-nInu j~jAnAnaMda swarUpAbhivyakti maDuvavanu. nanna j~jAnAnaMda swarUpAbhivyakti mADuvavanu nInE EkeMdare swataMtranu ada kAraN Enu bEkAddu koDalu shaktanu anyaralli Aguva kelasavalla.

mahOpakAri- upakAra mADuvudE ninna swabhAvavu. kAraNa bEkAddannu avashya koDovi.

atyamta priya- mEle vivarisida shakthiyU iddhItu, upakAriyU agabahudu Adare nanagU ninagU saMbaMdha villadiddare prayOjanavillavu, hAgallavu achchutanenisi atyaMta priyanagiruvi. innu iMthA ninna vupAsana vinaH mattarannU upasisa salla. alladE jIvAtmanu paramAtmanannu upAsisuvudu naijavu mattu sulabhavu idakke anukUlisuvaMte mElina mUru guNagaLu ninnalliruvavu... ivu illadiddare nanu uddhArave Aguvudilla. idu tiLiyadE anEka duHkhapUrta janmagaLannettiruvetu. nInu maramAnugrahamaDi I naravaishNava janma koTTiruvi. idaralli dEhEMdriya kRuta darmagaLu ninage arpisadE hOdare baMDeya mEle swAtihaniyu akhaMDavAgi suridaMte vyarthavaguttade. nInu dayAmayanu nanna manassu ninna guNarUpakRiya chiMtaneyallyE magnavaguvaMte mADu. iMdriyagaLu nishkama chEtanara sEvAdalli ratavAguvaMte maDu. GOra saMsAradalli ratanAda nannannu uddharisu. I naravaiShNava janmadalli mukhy mADO kelasa mADadiddare haMdi nAyigiMtA kaDe eMdu tiLiyabEku. karaNa idu durlabha eMdaru araNyakAchAryaru. idu sulabha iddare durlabha ennuttiddhillA.

phala- iMthAprAtaranhIkavu nitya mADuttirabEku. idriMda manassu viShayadalli magnavAgOdilla. jAgRuteyiMda ahaM mamata nirasanavAgi bhagavadanugrahavaguttade. doDDavarAda dAsarAyaru naMbikeyiMda shapathapUrvakavAgi hELiddAre. I mAtinalli vishvAsaviTTu kelasa mADalikke

sujIvarigEne baruttade. anyarige barOdilla. gurubhakti dvarAne
haribhakti baruttade. gurubhakti vRuddhine swaswarUpAnaMda
abhivRuddhige kAraNa.

iti prAtarAnhIka samApti
shrI guru madhvEsharpaNamastu.